


Let's break cycles & build a better future for you & your kids.

Connecting You To Resources You Can Trust Across 13 Areas of Support:

-  Housing
-  Recovery
-  Employment
-  Transportation
-  Education
-  Mental Health
-  Physical Health
-  Safety
-  Dental
-  Financial Stability
-  Food
-  Childcare
-  Legal Assistance

If you're working hard but it still feels like the odds are against you, **you're not alone.** Your Thrive Iowa Support Team is here to walk with you to meet your goals.

Thrive Iowa is a network connecting you to caring people and trusted resources. We don't just offer quick fixes — we build a plan together for real, lasting solutions, and we keep checking in.

Our target participants are parents (custodial or noncustodial), caregivers, or expectant parents in need.

We are currently offering services in Clayton and Fayette counties. Visit hhs.iowa.gov/thrive to learn more.



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